



# Building Rocketships

## Prep - Year 2: Parent/Carer Workshop

**Raising Kids is like nailing jelly to a tree - it can be frustrating, loads of laughs & best done with plenty of hands on deck ... a set of gloves and a bucket!**

This 90 minute session is a chance to come together & consider what may lay ahead for your young family.

A chance to stop & think about the world your Children will be growing up in, the role models you want in their lives, parenting from the same page if you are co-parenting, the people in your community you may value checking in with them time to time.

From technology to boredom I don't think we will run out of conversations.

This session is designed to be a bit of fun, is interactive and is very much focused on you being the expert when it comes to your children.

Presenter Leigh Bartlett has delivered 100's of workshops to school communities. With a background in education, wellbeing & sports coaching she always presents from a place of 'Great Expectations'. She's has also practiced the content on a few kids of her own.

Leigh believes that investing in school/family partnerships is super important for our children to thrive & most importantly maintains that the best youth work DOES happen between 0-8 years of age.

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Part of the 'Ready To Launch' workshop series

**Hear from parents from past sessions ...**

'Strategies to use at home, not just theories' ... 'Learning to teach kids resilience & to make a plan' ... 'Great tips for getting kids to talk about things' ... 'Reiteration of ideas with regards to helping them 'learn to fail' & information about technology' ... 'New ideas that can be simple to introduce' ... 'Down to earth, presented with humour, respect & honesty'