



Creating Conversations Addressing 'Put Down' Language

Social media has become a space where people are prepared to say and do anything to be heard. Young People are being caught up in this messaging (as are many adults) and this is creating confusion and in some instances harm as 'put down' language makes it into our communities and school grounds.

Through co-design with students, teachers and families Parkbench and BATForce have developed a range of workshops that explores strategies for addressing 'put down' language.

This type of language can be as broad as racism, sexism, homophobia, transphobia and in more recent times genderization and misogyny. The workshops are based on creating connection and redirection not policing the language and behaviours.

The themes from the workshops have been embedded in both our whole school community Staff PD's, Parent Carer Workshops and Student Workshops.

Workshop Format

The **Staff** PD workshop has been developed to fit into a standard staff meeting timeslot but can be run as a 90 min interactive workshop.

Student workshops are 90 mins (75 mins for year 3/4)

Parent Carer workshops are 90 mins

Topics Covered

- Creating connection
- Boundary setting without policing
- The importance of being inquisitive and compassionate
- Strategies for supporting and correcting

The Speaker

Workshops are delivered by Leigh Bartlett who has a background in education, wellbeing, sports coaching and has practiced the content on a few kids of her own. With 100's of presentations under her belt Leigh continues to develop content through co-design with Families, Schools and Young People to ensure content remains relevant and 'on point!'

What People Say

Teachers:

'A Real educator that has hands on experience giving advice'

'The frankness of the presenter made it very informative and interesting. I got great value from the statistics given and how we might adapt our process to best support our students'

'Reframing questioning techniques and making the approach to problems a team approach.'

Parent & Carers:

'I learnt heaps! Reinforced my values, beliefs and actions and gave me strategies and new ways of thinking'

"putting money in the bank' rather than shutting my kids down - accept it as important to them and trying to understand it'

Students:

'I will make sure I am doing the right thing and ask for help if I need to instead of keeping everything to myself'

'That you don't need to change yourself to fit in and that you should always be yourself'

To Find Out More

For further information on the workshops and costs for your school or community please contact Leigh Bartlett.

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